

Relax Your Mind. Rejuvenate Your Body. At Couples Resorts

\$100 spa credit on 7-night vacation

Montego Bay, Jamaica – January 17, 2008 – Redefine the body and rejuvenate the spirit March 24 through June 30, 2008 at Couples Resorts in Jamaica. Relaxation and wellness are typically a priority when choosing a vacation destination and those who book a 7-night vacation at any of the four Couples Resorts during the month of February for travel from March 24 – June 30, 2008, will receive a \$100 spa credit.

“In response to today’s emphasis on health and wellness, we are delighted to offer this promotion to our guests during our February spa and wellness month,” stated Randy Russell, chief romance officer and senior vice president of sales & marketing. “We want our guests to know Couples Resorts is not just a romantic getaway, but a place where you can rejuvenate your soul, as well.”

Couples Resorts offers a complete array of revitalizing and pampering treatments to relax and tone the body, mind and soul at all four properties. Enjoy a variety of spa massages including Aromatherapy and Deluxe Massage, Trigger Point Massage, Deep Tissue, Swedish Massage and more at Couples Ocho Rios and Couples Negril, *Travel + Leisure’s 2007 Top Ranked Caribbean Hotel Spa*. Charlie's Spa, at Couples Sans Souci, is a complete tropical-style facility featuring mineral springs dating back to the 1700’s. At Couples Swept Away, guests benefit from its 10-acre sports and fitness complex including a fully equipped gym with Cybex fitness equipment, an aerobics room with a flexible floor, a 25-meter lap pool and an outdoor jogging track. Fitness classes such as body sculpting, aerobics and yoga are also available, as are individual fitness programs that include professional instruction and when the workout is finished, guests can relax in the resort’s steam rooms and saunas.

Couples Resorts, headquartered in Montego Bay, Jamaica, owns and operates four properties in Jamaica, West Indies - Couples Ocho Rios, the first-ever couples only, all-inclusive resort, Couples Sans Souci, Couples Swept Away and Couples Negril. Pioneered by the legendary Abe Issa – “father of Jamaican tourism” – each Couples Resort is an unsurpassed model of the all-inclusive concept, boldly designed with local inspiration to create a harmonic sense of nature and authentic Caribbean spirit. For more than 30 years, Couples has delighted guests and refined the Caribbean all-inclusive resort experience by providing unparalleled service, exceptional dining experiences and exclusive added value inclusions. For further information, call 1-800-COUPLES or visit www.couples.com.

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